

Manulife Asia Care Survey

Asia takes more control of health and retirement amid COVID-19



9 out of 10 (87%)

of Filipinos intend to buy new insurance in the next six months.

Taking better control of health

99%

in the Philippines have taken personal actions to improve overall health in response to COVID-19



69% exercised more regularly



61% adjusted diet



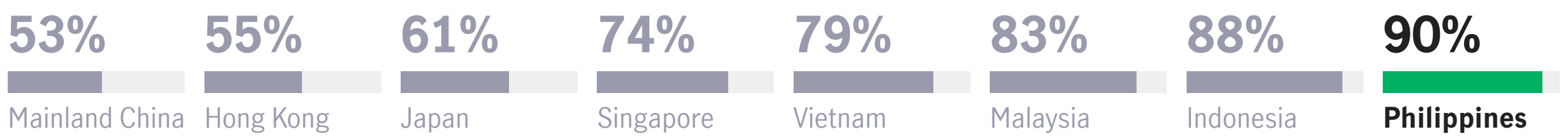
35% looked up insurance products and services



12% used fitness bands, smart watches and wearables

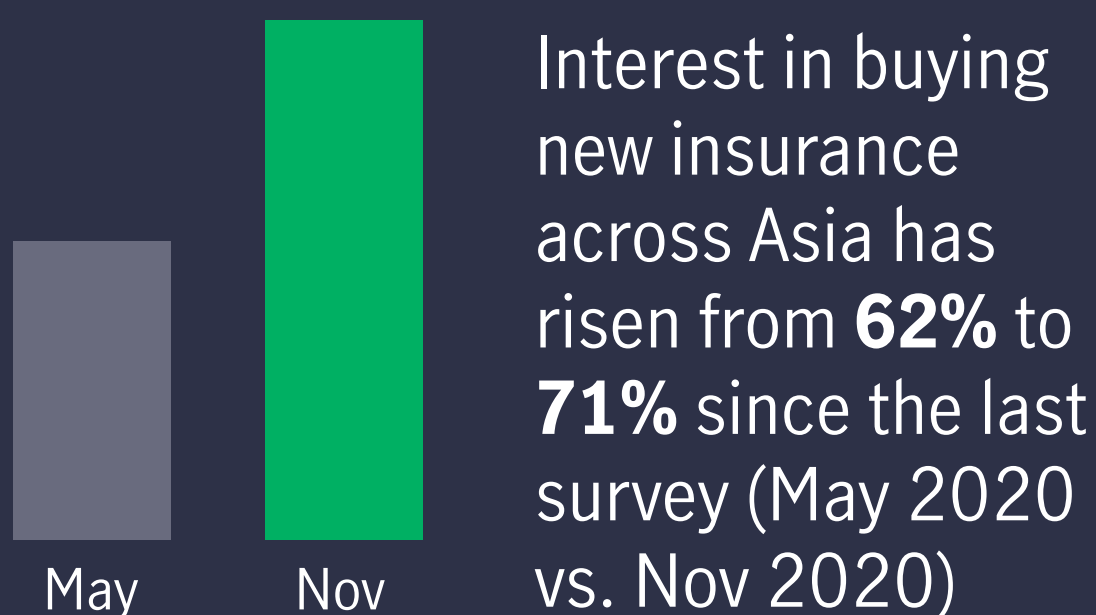
Rising interest in retirement planning

73% in Asia say retirement planning has become more important since COVID-19 started



Aligned with high interest in retirement, **42%** in Asia are worried about their personal wealth in the wake of COVID-19, in comparison **20% in the Philippines** are concerned

Rising demand for insurance



Growing popularity of digital tools, but agents remain popular



This Manulife Asia Care Survey was conducted via online self-completed questionnaires in eight markets, namely mainland China, Hong Kong, Indonesia, Japan, Malaysia, Philippines, Singapore and Vietnam. A total of 3,946 people, aged 25 years old or above, were surveyed in November 2020. In the Philippines, 519 people were surveyed. They included current insurance owners and those do not own insurance but intend to buy it in the six months.